

MCAF Welcomes Tiffany Saunders

My name is Tiffany Saunders and the Employment Facilitator at the Multicultural Association of Fredericton Inc (MCAF). MCAF is a non-profit immigrant serving agency that offers various services and programs to newcomers in the Fredericton region to facilitate their settlement and full participation in the community.

I work with Bonnie Doughty, the Employment Coordinator, to offer employment services to international students and their spouses (ISSES) to assist them in using effective job searching techniques. We help clients write resumes and cover letters, do mock interviews, provide current labour market information, and links to local and regional employers. We (ISSES/MCAF) also work in partnership with UNB Student Employment Services to assist students looking for work during the school year, or with those who are looking to transition from University into the workforce.

I understand the challenges that come along with adapting to a new culture and/or environment, and strive to see international students reach their full potential here in Fredericton. Students have a lot to offer, and have many skills that they might not realize they have built over the course of their life that employers are looking for. I encourage students to get involved with activities on campus, and in the general community of Fredericton. This will help integrate you into the community, and will build up a network of people around you who can also be supportive to you during your job hunt. Our (ISSES/MCAF) goal is to help international students and their spouses evaluate their skills, passions, field of interest, and come up with strategies that will lead them to finding meaningful work employment. I am excited to be a part of the employment team at MCAF, and to help international stu-

dents and their spouses overcome barriers or challenges they may be facing when they integrate into the Canadian labour market. I would like to invite all international students and their spouses who are interested in working in Canada to contact Bonnie or myself at:

Tiffany Saunders
452-9680 or [tif-fany@mcaf.nb.ca](mailto:tiffany@mcaf.nb.ca) or

Bonnie Doughty
452-0651 or employment@mcaf.nb.ca

Office Hours:

UNB Campus, Student Employment Service building
58 McKay Drive
Monday: 1:00pm-4:30pm
Thursday: 8:30am-4:30pm

MCAF
123 York Street, Suite 201
Tues, Wed & Fri: 9:00am-5:00pm

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