



## TRANSPORTATION

### BUS SYSTEM

**STU-all students have bus passes. It is included in student fees**  
**UNB Graduate students-bus pass is included in the student fees**

**Local Bus:** Fredericton Transit      [www.fredericton.ca/eccom04.asp](http://www.fredericton.ca/eccom04.asp)      **460-2200**

To buy a student pass:  
(Monthly Pass)      City Hall (back of the office),  
Head Hall at UNB-Student Union building in the welcome centre

To buy a regular pass:      Shoppers Drug Mart    Kings Place  
Cigs N'Things      Kings Place  
Reads      435 King Street

**Outside Fredericton and National Bus :** Acadian Lines      [www.smtbus.com](http://www.smtbus.com)      **1-800-567-5151**  
**Fredericton Bus Terminal**      150 Woodside Lane E3B 6B3      **(506) 458-6007**

### TAXI SERVICES

A-1 Taxi	<b>455-4444-</b>	Trius Taxi	<b>454 4444</b>
Budget Cab	<b>450-1199</b>	ABC Car Service Ltd	<b>454 5466</b>
Checker Cab	<b>450-8294</b>	A B C Car Services	<b>455 5555</b>
George's Taxi	<b>459-1100</b>	Capital Campus Cab	<b>458 0092</b>
Loyal Taxi	<b>455-6789</b>	Macs Taxi	<b>457 1400</b>
Standard Taxi	<b>450-4444</b>	Tri Country	<b>450 8888</b>

### CAR RENTAL SERVICES

<b>Avis Car Rental</b>	551 King Street	<b>454-2847 /</b>	Fredericton Airport	<b>446-6006</b>
<b>Discount Rental</b>	817 Prospect St.	<b>458-1118</b>		
<b>Budget</b>	150 Smythe Street	<b>452-1107</b>		
<b>Hertz</b>	319 King Street	<b>459-3444/</b>	Fredericton Airport	<b>446-9079</b>
<b>Enterprise</b>	1270 Hanwell Road	<b>459-4100/</b>	105 Dundonald Street	<b>455-8280</b>

## INSURANCE COMPANIES

<b>ALLSTATE</b>	1223 Prospect St.	452-0009 455-2723
<b>BLUE CROSS INSURANCE</b>	1055 Prospect St. Unit 2	1-800-667-4511
<b>CAIN INSURANCE SERVICES LTD</b> <a href="http://www.caininsurance.ca">www.caininsurance.ca</a>	860 Prospect St.	459-3000/1-888-475-2246
<b>CAPITAL MORRISON INSURANCE SERVICE</b>	391 Brunswick St.	458-8755
<b>J.M &amp; C.W HOPE GRANT LTD</b>	320 Maple Street	452-8988 452-8943
<b>JOHNSON Inc. INSURANCE</b>	650 Montgomery St.	454-4644
<b>THE CO-OPERATORS</b>	138 Dundonald St.	458-8600
<b>WILSON INSURANCE</b> <a href="http://www.wilsoninsurance.ca">www.wilsoninsurance.ca</a>	404 Queen St. / 374 Main St.	458-8505
<b>STATE FARM—ANDREW H. WILLIAM INSURANCE AGCY LTD</b>		452-2327
<b>INSURANCE PROBLEMS?</b> <a href="http://www.insurance-assurance.ca">www.insurance-assurance.ca</a> (Services are free)	Email: <a href="mailto:nb@cai-dma.ca">nb@cai-dma.ca</a>	549-5555/1-888-283-5111

\*Driver's education—Class must be completed to get the certificate and to get the discount on car insurance\*



## HEALTH SERVICES

There is a long waiting list.  
Family doctor  
Call as soon as possible to register.  
1 (866) 554-5959

**FAMILY DOCTOR** (Register as soon as possible to get one) 1-866-554-5959

### HOSPITALS

**Dr. Everett Chalmers Hospital** 700 Priestman St. 452-5400  
*Emergency Department is open 24 hours a day*

**Oromocto Public Hospital** 103 Winnebago, Oromocto 357-4700

**Gibson Health Clinic**  
9 am to 9 pm (Mon-Fri) 231 Canada St 447-4444  
12 pm to 5 pm (Saturday)  
*Emergency Department is open from 8 a.m. – 10 p.m*

Emergency Dentist 451-4787

### DAYTIME WALK-IN CLINICS

**UNB Community Health Clinic** 275 Brunswick St. (Downtown) 452-6383  
Monday to Wednesday / Friday : 8:30am – 4:30 pm / Thursday: 12pm – 8:00pm

**Brookside Daytime Medical Clinic**  
*(Northside, beside Lawton Drug Store in Brookside Mall)*  
Monday to Friday: 8:30am-1:30pm

**Prospect Street Daytime Medical Clinic** 640 Prospect Street, suite 104  
*(Along the left side of the Pharmasave building)*  
Monday to Thursday, and Saturday : 8:00 am - 11:30am

**Student Health Center, UNB Campus** 453-4837  
*(for full time UNB and STU students only)*  
Monday to Thursday: 8am - 4:30pm / Friday: 8am – 3pm

### AFTER-HOURS CLINICS:

**Regent Street Medical Centre** 1015 Regent St. (South) 458-0200  
Monday to Friday: 6pm-10pm / Week-ends and most Holidays: 1pm – 5pm

**Brookside Mall Medical Clinic** 475 Brookside Dr. (North)  
Monday to Friday: 6pm – 10pm, *depending on physician and number on patients*  
Week-ends and most Holidays: 1pm – 5pm, *depending on physician and number on patients*

**New Maryland Medical Clinic** 636 New Maryland Highway (New Maryland)  
Monday to Friday: 5 pm – 10pm

TELECARE ( 24 hours, no charge health phone line) 811  
*(A receptionist takes your name and phone number and a registered nurse will call you back)*

Medicare Card 1-888-762-8600  
Public Health (Immunization, pregnancy, milk tickets,etc.) 1-506-453-5200  
Addiction Services 15 Woodstock Rd. 1-506-452-5558  
Fredericton Sexual Health Centre 65 Brunswick St. 1-506-453-5200  
Fredericton Mental Health/Victoria Health Centre 65 Brunswick St. 1-506-458-1803  
A.I.D.S. NB- / S.I.D.A N-B 65 Brunswick St. 459-7518/1-800-561-4009  
*(Resources on living with AIDS, Counselling, Family support. Also GLBTQ teen and adult resources etc)*



## EDUCATION SYSTEM

School attendance is mandatory for all children aged between 5-18 years of age.

All newcomers have the choice of sending their children to either French or English schools

To register your child to a school, you need to provide your child's immunization record, and proof of date of birth (birth certificate or an immigration document for example a passport, PR card, etc.).

### SCHOOL DISTRICTS

#### **District 18 - English schools (Écoles anglophones)**

English School      1135 Prospect St.      453-5454      [www.district18.nbed.nb.ca](http://www.district18.nbed.nb.ca)

To check for a late Bus or School Closure in District 18 call 453-5455

#### **District 1 – French schools (Écoles francophones)**

École des Bâtisseurs (Primary)      715 Priestman St.      444-3252  
<http://batisseurs.nbed.nb.ca/>

École Ste-Anne (Middle school and High School)      715 Priestman St.      453-3991  
<http://esa.nbed.nb.ca/>

To check for a late bus or School Closure information      call 453-4239



## Daycare and Childcare Facilities for Children

For the most up-to-date list of licensed daycares and/or information on the standards for a licensed daycare facility, visit [www.gnb.ca](http://www.gnb.ca) or contact the Fredericton Public Health Services at 453-5200.

There is a waiting list for some daycares. Some daycares in houses are licensed, others are not. For the price, it depends on the daycare.

1. Bright Beginnings Daycare Inc. PO Box 2000, Stn A. 458-3282
2. College Hill Day Care Co-Operative, Ltd. 850 Montgomery Street. 457-4184
3. Creative Childcare. 1691 Lincoln Road. 459-8458
4. Douglas Avenue Children's Centre Inc. 143 Douglas Ave. 455-3222
5. Footprints Early Childhood Development Centre. 45 Kimble Court. 451-3668
6. Fredericton Christian Preschool. 121 McAdam Avenue. 363-2768.
7. Fredericton Early Learning Centre. 351 Aberdeen Street. 452-8894
8. Henry Park Recreation Centre After School Program. PO Box 3188, Station B. 472-5112
9. Kids Korral Day Care Inc. 55 Corbett Avenue. 472-1268
10. Kids K'Nect After School. 101 George Street. 455-7643

For the most up-to-date list of daycare facilities and/or information on the standards for a license facility, visit [www.gnb.ca](http://www.gnb.ca) or contact the Fredericton Public Health Services at 453-5200.

You can find more information at [www.mcaf.nb.ca/](http://www.mcaf.nb.ca/) settling in Fredericton / Children



## DIRECTORY OF RESOURCES

English Language Program UNB-Wu Center <i>(To be assessed for your English)</i>	<a href="http://www.unb.ca">www.unb.ca</a>	453-3564 /FAX: 453-3578
Canada Child tax benefit (CCTB) 1-800-959-2221	<a href="http://www.cra-arc.gc.ca/E/pbg/tf/rc66/README.html">http://www.cra-arc.gc.ca/E/pbg/tf/rc66/README.html</a>	
NB Child Tax Benefit (NBCTB)		1-800-387-1193
Citizenship and Immigration Canada 495 Prospect St.	<a href="http://www.cic.gc.ca">www.cic.gc.ca</a>	1-888-242-2100
PNP Program	<a href="http://www.gnb.ca/redirect/0105/3100/index.htm">http://www.gnb.ca/redirect/0105/3100/index.htm</a>	1888-947-9445
Department of Social Development (Childcare subsidies, Housing subsidy, Income assistance)	<a href="http://www.gnb.ca/0017/index-e.asp">www.gnb.ca/0017/index-e.asp</a>	1 866 444 8838
Human Resource Development Canada (Social Insurance Number card (SIN))	<a href="http://www.hrdc-drhc.gc.ca">www.hrdc-drhc.gc.ca</a>	1-888-428-0888
Canada Revenue Authority (CRA) (Income Tax Report)	<a href="http://www.cra-arc.gc.ca">www.cra-arc.gc.ca</a>	1-800-959-8281
NB Power	<a href="http://www.nbpower.com">www.nbpower.com</a>	1-800-663-6272
Fredericton Community Services Database (City of Fredericton website, NB Services, Fredericton community events)	<a href="http://www.frederictoninfo.ca">www.frederictoninfo.ca</a>	460-2020
Public Legal Education and Information Canada	<a href="http://www.legal-info-legale.nb.ca">www.legal-info-legale.nb.ca</a>	(506) 453-5369
Service NB (Medicare Card, Driver's License, etc.)	<a href="http://www.gnb.ca">www.gnb.ca</a>	453-2836
Telephone Service		
-Bell Aliant	<a href="http://www.aliant.ca">www.aliant.ca</a>	1-800-565-6283
-Rogers	<a href="http://www.rogers.com">www.rogers.com</a>	1-888-764-3771
Canada Post	<a href="http://www.canadapost.ca">www.canadapost.ca</a>	1-800-267-1155
Fredericton Family Resource Centre, 60 Veterans Court		474-0252

You can find more information at [www.mcaf.nb.ca](http://www.mcaf.nb.ca) / Settling in Fredericton/ Quicklinks

## PHARMACIES



<b>Guardian Ross Drug</b>	402 Queen St.	<b>458-9951</b>	Accept IFH
	206 Rookwood Ave	<b>458-1187</b>	
<b>Jean Coutu</b>	598 Union St.	<b>451-8646</b>	Accept IFH
<b>PharmaSave</b>	640 Prospect St.	<b>459-5698</b>	
<b>Blackville PharmaSave</b>	175 Main	<b>843-6444</b>	
<b>Shoppers Drug Mart</b>	1015 Regent St.	<b>459-8888</b>	
	269 Main St.	<b>451-1550</b>	
	440 King's place	<b>451-1555</b>	Accept IFH
	1040 Prospect St.	<b>451-1567</b>	
	234 Main St.	<b>327-3396</b>	
<b>Sobey's Pharmacy</b>	407 Regent St.	<b>453-7856</b>	
		<b>446-4697</b>	
<b>Superstore Pharmacy</b>	471 Smythe St.	<b>459-3544</b>	Manager
<b>Zellers Pharmacy</b>	1180 Prospect St.	<b>450-3860</b>	Accept IFH
<b>Wal-Mart Pharmacy</b>	Regent Mall	<b>452-0870</b>	No
<b>New Maryland Pharmacy</b>	636 New Maryland Highway	<b>459-8787</b>	

You can find more information at [www.mcaf.nb.ca](http://www.mcaf.nb.ca) / Settling in Fredericton / Pharmacies



## Housing Rentals

- A&R Rentals** <http://www.aandr-rentals.com> (506) 461-8844
- Cowperthwaite Apartment Rentals** <http://www.cApartments.com> (506) 452-8807
- Creighton Executive Suites** <http://www.premieresuites.com> (506) 459-8181
- Fredericton Rentals Ltd** <http://www.gorm.ca> (506) 458-5809
- Frogmore Estates Ltd** 530 Dundonald Street (506) 450-8400
- Killam Properties Inc.** [www.killamproperties.com](http://www.killamproperties.com) (506) 459-5959
- Princess Place Apartments** <http://www.castletonsuites.ca/princessplace> (506) 452- 0951
- Vanwart Management Ltd.** <http://www.vanwart.nb.ca/> Toll Free: 1-877-223-5544;  
Rental Inquiry: 457-7001. 461-4648
- Rentdonkey** <http://www.rentdonkey.ca/Fredericton>

### OTHER RESOURCES

**Properties for sale through a real estate agent.** [www.mls.ca](http://www.mls.ca)

**Kijiji Fredericton, New Brunswick (Free Local Classifieds: Housing)**

<http://fredericton.kijiji.ca/f-housing-W0QQCatIdZ34>

Do not trust everyone. Never give out personal information. Don't give money before getting the place.

**The Daily Gleaner**, Fredericton, New Brunswick- local newspaper with housing classifieds

<http://dailygleaner.canadaeast.com/classifieds/articlesforsale/&pub=4>

### APARTMENT RENTAL ASSISTANCE COMPANIES

Rental Hounds (*Free service for tenants*) <http://rentalhounds.ca> 450-7368

Gorham Real Estate (*You have to pay*) <http://www.gorhamrealestate.ca/> 458-5809

**RENTALSMAN OFFICE** 440 King St. 453-2557  
(Information about the rights and obligations of landlords and tenants, middle person)





## **NUTRITION (FOOD)**

- **Atlantic Superstore** 471 Smythe St. (Southside) **459-3544**  
116 Main St. (Northside) **474-1270**
- **Sobey's** 407 Regent St. (southside) **453-7761**  
1150 Prospect St. (Southside) **458-8891**  
463 Brookside Dr. (Northside) **450-7109**
- **Victory Meat Market,** 334 King St. **458-8480**
- **M&M Meat Shop** 1111 Regent St. **459-5651**
- **Scoop & Save** 934 Prospect St. **459-7676**
- **Bulk Barn** 1055 Prospect St. **453-0537**
- **Boyce Farmer's Market** 665 George St. (Saturday from 6am-1pm) **451-1815**

### **Organic food stores**

- **True Food Organics** 207 Charlotte St. **459-4333**
- **Aura Whole Foods** 199 Westmorland St. **454-4240**

### **Ethno-cultural stores**

- **Friendship Convenience Store (Chinese grocery store)** 606 Albert St. **459-3077**
- **Mail'n Mart (East Indian grocery store)** 1111 Regent St. **450-4080**
- **Riverside Quick Mart (East Indian grocery store)** 79 Riverside Dr. **472-4429**
- **Saigon (Vietnamese Department Store)** 495 Wilsey Road **452-8991**
- **University Café & Market (Korean Grocery Store)** 292 University Ave **454-2242**
- **Regent Convenience Store (Iranian Grocery Store)** 289 Regent St. **458-9002**
- **T & T Ethnic Mart (African/Caribbean Authentic Groceries (Virtual))** **206-1902**



## SHOPPING

### Shopping Centers

King's Place mall Shopping Centre	440 King St.	<b>458-8395</b>
Regent Mall Shopping Centre	1381 Regent St.	<b>462-0350 / 452-1005</b>
Fredericton Mall Shopping Centre	1150 Prospect St.	<b>458-9226</b>
Brookside mall Shopping Center	435 Brookside Dr.	<b>458-9038</b> (North side)

### USED (SECOND-HAND)

#### Clothing stores

Jingler's	924 Prospect St.	<b>454-5758</b>
Kijiji	<a href="http://fredericton.kijiji.ca/">http://fredericton.kijiji.ca/</a>	
ReNeu Clothing	349 King St.	<b>450-3222</b>
Salvation Army	410 Aberdeen St.	<b>455-9736</b>
Value Village	371 Bishop Dr	<b>455-7676</b>

#### Electrical Appliances and Furniture

Fredericton Anti Poverty Organization (FAPO)	242 Gibson St.	<b>458-9102</b>
Digital World	140 Dundonald St.	<b>455-2274</b>
King Street Trading Post	381 King St.	<b>455-7355</b>
Neighbourlink Fredericton Inc.		<b>462-0080</b>
Salvation Army	410 Aberdeen St.	<b>455-9736</b>
Value Village	371 Bishop Dr.	<b>455-7676</b>
Kijiji:	<a href="http://fredericton.kijiji.ca/">http://fredericton.kijiji.ca/</a>	

#### Books (second hand)

The Owl's Nest Bookstore	390 Queen St	<b>458-5509</b>
Read's Newstand and Café.	435 King St	<b>454-5333</b> <a href="mailto:magnuss@nbnet.nb.ca">magnuss@nbnet.nb.ca</a>

You can find more information at [www.mcaf.nb.ca](http://www.mcaf.nb.ca) Settling in Fredericton/Shopping/



## EMERGENCY SERVICES

### Emergencies (only)

**911**

(For immediate access to Fire station, Police, Ambulance Services and Poison control)  
(Teach your children how to use it: 911 + Address)

**Ambulance: Cost more than \$100 if you use it**

**Fire Alarm: \$500 if pulled falsely (as a joke). Tell your children  
Costs nothing if pulled for a real fire**

<b>Fredericton Police Station</b>	<b>311 Queen St</b>	<b>460-2300</b>
Fredericton Fire Department	520 York St.	460-2500
<b>24 hour Power interruption service (NB Power)</b>		<b>1-800-442-4424</b>
CHIMO helpline	Fredericton	450-4357
<b>CHIMO Helpline Inc</b>	<b>Across Canada</b>	<b>1-800-667-5005</b>
Fredericton Emergency Shelter 65 Brunswick Street		450-1102 443-9092(men) 450-9025(women)
<b>Resources for Abused Men (Liberty Lane outreach)</b>		<b>458-9774</b>
<b>(Temporary shelter)</b>		<b>1-866-444-8838</b>
Transition House for Abused women & Children (emotional, financial, physical.)		459-2300 458-1224 (crisis calls)
<b>Crime Stoppers</b>		<b>1-800-222-8477</b>
<i>Kids Help Phone</i>		1-800-668-6868